



Thank you for your interest in *advance care planning*. This means letting others know your health care wishes in case you are not able to speak for yourself.

We invite you to write down your values and wishes using the attached form. It is called an *advance directive*. It will help you get the care you want if you have an accident or get very sick and are not able to speak for yourself. It can also help you choose a *health care agent*, someone who can speak for you and help make choices for you if you are not able to make them yourself.

### **Want help filling out this form?**

Please call Jody Deichl at 920-568-5279. We will set up a free meeting with a trained facilitator.

*The Aging & Disability Resource Center (ADRC) of Jefferson County is pleased to offer this service through Honoring Choices Wisconsin, an initiative of the Wisconsin Medical Society.*

